

# **CONGRATULATIONS TO AVENUE ONE!**



From Left: SAS President Mr Chew, Brent, Frank, Raisa, Ethel, Ze Lamaung, Indika, AIC's CEO Mr Dinesh

A huge congratulations to Avenue One for winning the 1st place in the group category performance for Community Care Day 2024!

In case you missed it, Avenue One is SAS' very own band consisting of Raisa (lead singer), Brent (bass guitarist), Frank (electric guitatrist), Indika (drummer), Ze Lamaung (keyboardist), and manager Ethel. These musically talented staff of ours came together during their off hours to practice. Their victory is well deserved!

Community Care Day, was not only filled with talented performers from other healthcare institutions, there were also carnival booths filled with yummy snacks and fun interactive games with prizes. These were all conducted on SAS' home ground by AIC. A big thank you to AIC for celebrating our healthcare staff!



#### **SAS' NEW CEO**

Welcome Our New CEO, Mr. Anson Quek!

We are pleased to announce that Mr. Anson Quek has been appointed as our new Chief Executive Officer. With over 10 years of experience in the social service sector, Mr. Quek has demonstrated a strong commitment to leadership and a proven ability to drive growth and meaningful outcomes.

We are confident that with his expertise and vision, we will be able to continue to make a positive impact on the lives of those we serve.

Please join us in warmly welcoming Mr. Quek to the team behind Society for the Aged Sick.



**STAFF BONDING - BOWLING** 



We are also proud to report that SAS was recently awarded the Charity Transparency Dedication Award 2024.

As a charity organisation, we aim to uphold good governance practices and transparency to strengthen the public's trust in us. We believe that our efforts will be key in cultivating a stronger community spirit to support our residents in need.



As part of our staff team bonding session, our nursing and care team had a friendly bowling competition over a few weeks. At SAS, we believe in the importance of working as a team. These team building exercises are just one of the few ways for staff to unwind and meet the staff from other wards.

We hope everyone had fun and had a chance to unwind with each other.





On 12th November, our friends from Samsung Electronics brought 20 of our residents to tour the new Bird Paradise park! They were great hosts to us and even checked out the wheelchair friendly routes that we could tour and wide spaces for our residents to take short breaks.

Our residents really had a fun day going through the winding aviaries and enclosures. They especially enjoyed the Penguin Cove which consisted of many large enclosures for the birds. Many of our residents were fascinated to see the birds waddle slowly on land but become graceful swimmers once they enter the water.

Thank you once again to our volunteers and sponsors for this wonderful opportunity.







## DEEPAVALI CELEBRATION



In the lead-up to Deepavali, we were fortunate to have the Kindness Ripple Movement group join us to celebrate this joyous Festival of Lights with our residents and staff.

Our Rehab team and Resident Care Assistants also worked with residents on decorative art pieces to ring in the occasion!





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#### DECEMBER 2024

#### SAS NEWS 4







SAS' Appreciation Day was held on 5th October 2024. This year, though the event was rather low key, the celebration with our volunteers was still resounding!

Our drumming residents kicked off the celebration with their rhythmic skills. They performed the percussion for two songs as an opening to the event.

Our newly crowned winner, Avenue One, took to the stage and wowed the audience with their performances of popular hits. On their last number, our volunteers even got up to groove to the beat of their song!

This event celebrated our selfless volunteers who are unwavering in their support and care of our residents. We are ever grateful to all that you have done for our residents.





DECEMBER 2024

#### SAS NEWS 5







Dharma Drum Singapore (DDS) is a Buddhist organisation that have been coming down to our Home on a monthly basis to hold meditation and scripture reading sessions for our residents of Buddhist faith. While SAS maintains our secular outlook, we believe in respecting the different faiths of our residents. Their religious faiths often give them solace and peace in the twilight years; meaning to a life well lived.

We would like to thank our dedicated volunteers from DDS and our MSS team for facilitating this.

### **REHAB DAY**

On 4th October, our Rehab team celebrated our very own Rehab Day with a karaoke session with residents, and a staff sharing session. Rehab Day at our Home celebrates both Physiotherapy and Occupational Therapy, both key cornerstones in keeping our residents' minds and bodies active.

Thank you for spreading hope and strength to our residents through your daily work!







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# **PHOTO BANK OF OUR OCTOBER - DECEMBER HIGHLIGHTS**



President's Challenge Walkathon - Meeting Symphony 924 FM's Khim Oei and Channel 8's News Anchor, Wang Zheng







Coffeeshop Outing with volunteers from Rotary Club of Singapore West and Micron Singapore



Christmas Carolers from Hope International Ministries (HIM)



Christmas cupcakes & cookies from Singapore Pools



Christmas goody bags for residents from Betty's Fabulous Volunteers group



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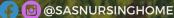
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