



Annual Report

FY 23 - 24



SOCIETY FOR THE AGED SICK

www.societyagedsick.org.sg

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INTRODUCTION



ABOUT US

Society for the Aged Sick (SAS) is a not-for-profit Nursing Home with a licensed bed capacity of 407. The Home provides residential services to people in need of daily skilled nursing care and/or assistance in activities of daily living, and who cannot be cared for at home, particularly the less privileged.

We provide a range of services to meet the needs of our residents. They include medical care, nursing care, physiotherapy, occupational therapy, and dietary services.

Our social service team together with dedicated volunteers, also provide emotional support and organise activities.

OUR HISTORY

The history of our Home goes back to the year 1965, when two sisters, Teresa Hsu and Ursula Khoo, founded the Home, then known as "Welfare Resthome". The Home was set up to care for the aged sick and destitute in the community. Ms Teresa Hsu took the helm as the first matron of the Home.

In 1968, management of the Home was taken over by Mr George Gray Thompson and a group of friends from the Rotary Club of Singapore. Together, they established Society for the Aged sick to cater to the expansion of the Home.

In 2023, we celebrated our Home's 55th Anniversary. From humble beginnings, we are grateful for the overwhelming support from our community to help us keep our not-for-profit Nursing Home running. At present, the Home caters to nearly 400 residents who reside on our premises and are cared for by nursing and care staff round the clock.

OUR MISSION AND VISION

It is our sincere hope to continue the efforts started by our founders, Ms Teresa Hsu and Ms Ursula Khoo, to provide care for those in need.

Our mission is to provide quality care to the aged sick in need as well as to help them lead a meaningful and enriching life.

Our vision is to add years of quality life to the elderly.

OVERVIEW OF CHARITY

SAS was registered as a society on 14 February 1968.

REGISTERED ADDRESS

130 Hougang Avenue 1, Singapore 538900

GOVERNING INSTRUMENT

Constitution and Rules

SINGAPORE UNIQUE ENTITY NUMBER

S68SS0022J

CHARITY REGISTRATION NUMBER

0029

CHARITY REGISTRATION DATE

6 February 1984

IPC NUMBER

HEF 0041/G

IPC STATUS

1 September 2021 to 31 August 2027

MAIN BANKER

Standard Chartered Bank

EXTERNAL AUDITOR

RSM SG Assurance LLP

CUSTODIAN TRUSTEE FOR LEASEHOLD LAND AT REGISTERED ADDRESS

Ocorian Singapore Trust Company Pte Ltd



MESSAGE FROM OUR PRESIDENT, DR TIMOTHY TEOH

As I pen my final message as President of the Society for the Aged Sick (SAS), I am filled with gratitude for the journey that has brought us to this pivotal moment. My tenure with SAS began humbly in 2003 as a member of the Medifund Committee. Over the years, I have had the privilege to serve on the Board, advancing to the role of President in 2018. Throughout this tenure, I have been deeply committed to enhancing SAS's internal systems to ensure efficient operations and uphold the dignity and safety of our nursing home residents.

Over the past five years, SAS has evolved significantly. Central to our progress has been the strengthening of our Sub-Committees, including the addition of new ones like IT, Fundraising, Procurement and Governance Sub-Committees. These committees have expanded in membership and played crucial roles in enhancing SAS's operational capabilities and governance framework. Our collaborative strategic planning efforts have fostered robust relationships among EXCO members and Management, driving SAS forward with purpose and unity.

In 2023, SAS proudly celebrated its 55th anniversary, a testament to our enduring commitment to the community we serve. We marked this milestone with significant events, including a successful Fundraising Golf and Dinner. From our humble beginnings as a 16-bedded facility at Jalan Payoh Lai, we have grown to become a 407-bedded facility located at Hougang Ave 1. This reflects our commitment to serving the community and meeting the growing needs of our less privileged elderly residents.

Looking ahead, our focus is on initiatives to provide an enhanced, safer, more secure, and comfortable environment for our cherished residents, despite the financial costs they may entail. We rely deeply on the ongoing support of our generous donors and dedicated volunteers to realize these critical projects with us successfully.

I would also like to extend my heartfelt appreciation to the countless donors and volunteers who have played indispensable roles in SAS's journey over the past 55 years. Your unwavering support has been instrumental in shaping SAS into the organization it is today. I also like to express profound gratitude to my esteemed colleagues on the SAS Board and our committed staff for their tireless dedication and unwavering commitment to our mission.

As I prepare to pass the torch to the next President of SAS, I am filled with optimism for the future. I hope that under the new leadership, SAS will continue to innovate and expand its services, ensuring that we provide essential care for our residents and support for their families. My successor will inherit a strong foundation built on collaboration, integrity, and compassion, and I am confident they will lead SAS to new achievements and greater impact in our community.

In closing, let us reaffirm our pledge to honour the trust and support of our donors, ensuring SAS continues to make a meaningful difference in the lives of the less fortunate for many generations to come. Thank you for joining us on this journey to support the needs of the less privileged, ensuring that they are not marginalized due to physical challenges or health status, but to get to live out their twilight years with dignity and sense of security.



Dr Timothy Teoh, President

27 August 2024

LEADERSHIP

The governing body of the SAS is a committee known as the Executive Committee (“EXCO”). All members of the EXCO are independent volunteers. The EXCO is aided by various Sub-Committees that report to the EXCO in accordance with the Terms of Reference set by EXCO.

Also reporting to the EXCO is the Chief Operating Officer (“COO”) who implements the direction and policies set by the EXCO and oversees the day-to-day running of the Home. The COO and the five heads of department reporting to the COO makes up the composition of the management team of SAS.

The EXCO members in office as at the date of this report are:



PRESIDENT

**DR TIMOTHY TEOH
CHI-CHAN**

PSYCHIATRIST

Appointed:
27 September 2022

First appointment as
Deputy President:
21 June 2016

Dr Teoh is a Senior consultant at IMH with specialisation in Psychiatry. As a medical doctor by training, his clinical expertise and psychiatric knowledge makes him an invaluable asset to SAS as he is equipped with the practical knowledge and understanding to make recommendations and improvements to SAS.

Dr Teoh has served as the President of the EXCO since 21 September 2018 and currently chairs the Home Management and Quality Assurance sub-committee.



DEPUTY PRESIDENT **MR CHEW LOY CHEOW**

*CONSULTANT (FINANCIAL
MARKETS)*

Appointed:
27 September 2022

First appointment as
Deputy President:
21 September 2018

First appointment as
Honorary Treasurer:
19 June 2012

First appointment as
Honorary Secretary:
10 June 2014

Mr Chew Loy Cheow is a consultant in financial markets and an independent director of a fund management company. He has worked at various global banks and was a fund manager in a sovereign wealth fund. He has brought vast investment and finance knowledge and experience to SAS. He helps to ensure that SAS maintains a suitable level of reserves while maximizing returns within an acceptable level of risk. Mr Chew has served as Deputy President of the Exco since 21 September 2018.

Mr Chew is currently the Chairman of the Medifund Committee and a member of the Finance and Investment Committee.



DEPUTY PRESIDENT
DR RICHARD TAN HAN SHING

BUSINESSMAN

Appointed:
27 September 2022

First appointment as
Deputy President:
21 November 2023

Dr Richard Tan Han Shing is member of the Institute of Civil Engineer (UK), Chartered Engineer (UK), Professional Engineer (Singapore). Dr Tan retired from Civil service in 1999 and currently is a director of various companies. With his vast experience and knowledge in the Engineering field, he has provided valuable advice to SAS, especially in facilities and building related matters.

Dr Tan has served on the EXCO from 1998 to 2010 and was re-nominated to the EXCO in 2014. He is also currently the Chairman of the Procurement sub-committee, and a member of the Facilities sub-committee.



HONORARY SECRETARY
MR THEODOR TAN

ADVOCATE & SOLICITOR

Appointed:
27 September 2022

First appointment as
Honorary Secretary:
28 September 2020

Mr Theodor Tan is a legal counsel with key areas of focus pertaining primarily to the commercial and operational aspects of the global business. Equipped with experience in legal firms and commercial business, he regularly advises the Management on corporate governance and public sector regulatory and compliance matters, including issues relating to charitable organizations and healthcare related matters.

Mr Theodor Tan is currently the Chairman of the Human Resource sub-committee, as well as a member of the Governance sub-committee and Facilities sub-committee.



HONORARY TREASURER
DR NOEL YEO SHENG MING

MEDICAL DOCTOR

Appointed:
27 September 2022

First appointment as
Honorary Assistant Treasurer:
28 September 2020

Dr. Noel is a seasoned healthcare executive with 20 years of experience driving innovation, growth, and sustainability in the industry. His career spans clinical practice, business management, and leadership roles across primary, secondary, and tertiary care. He has successfully led large healthcare networks and strategic projects, leveraging his expertise to improve patient outcomes and healthcare services.

Dr. Noel holds an Executive MBA, Executive Diploma in Directorship, and Postgraduate Certificate in Medical Law and Ethics. He is an active volunteer, serving on the boards of non-profit organizations, including the Central Singapore Community Development Council, Singapore Cancer Society, NUS Business School, and Singapore Medical Association. His commitment to giving back to the community and advancing healthcare excellence is evident in his volunteer work and professional endeavors.



HONORARY ASSISTANT TREASURER

MS IRENE CHONG

CHIEF EXECUTIVE OFFICER

Appointed:
27 September 2022

First appointment as
Honorary Assistant Treasurer:
27 September 2022

Ms Irene Chong is the Partnership Director at Compassion International (Singapore) Limited, an international NGO. She has extensive experience in Strategic Planning and fund raising for various charities. She is the Chairman of Sunrise Group, MeetArts as well as the Chairman of Social Ventures in Metropolitan YMCA. She is also a board member at MY World Preschool Ltd and advisory board member at National University of Singapore Alumni. Her strong analytical and strategic management skills, finance and investment skills, business networks and board experience as a Senior Accredited Board Director by Singapore Institute of Directors have greatly benefited SAS.

Ms Chong is currently the Honorary Assistant Treasurer and member of the Finance and Investment sub-committee at SAS.



COMMITTEE MEMBER

MR YEO CHUEN ENG

FORMER BANKER

Appointed:
27 September 2022

Mr. Yeo Chuen Eng, a retired Corporate and Private Banker, is a dedicated volunteer and leader in various organizations.

He currently volunteers as Advisor to the Foundation of Rotary Clubs of Singapore (FRCS) Family Service Centre, Chairman of FRCS Active Ageing Centre, EXCO Member and Governance sub-committee Chairman of Society for the Aged Sick (SAS), and is a member of SAS' Facilities sub-committee.

Previously, he held roles as Assistant Treasurer and Investment Sub-Committee Chairman at Singapore Cancer Society, and was a member of SAS' Finance & Investment sub-committee.



COMMITTEE MEMBER

MS WENDY SOH

FINANCE DIRECTOR

Appointed:
27 September 2022

Ms Wendy Soh is a senior Finance Professional, serving as a Finance Director in the transport industry with responsibility for the full spectrum of financial accounting and management, costing, treasury, credit controls, budgeting, quarterly forecasting, tax, audit, legal, M&A and company secretarial matters. With her rich experience in Finance and good business insight, she offers valuable advice to SAS on various aspects of Finance including budgeting and internal controls.

Ms Wendy Soh is the Chairman of the Audit sub-committee.



COMMITTEE MEMBER
MR RONALD WONG

*PARTNER (FINANCIAL ACCOUNTING
ADVISORY SERVICES)*

Appointed:
27 September 2022

First appointment as
Honorary Assistant Treasurer:
28 September 2020

Mr Ronald Wong is a Financial Accounting Services Leader and Partner in a Big Four Auditing Firm.

Apart from SAS, he also volunteers at The Rotary Club of Singapore and chairs the Youth Service Committee. His experience and knowledge have helped SAS to address the various challenges, especially on the changes in Accounting Standards and policies.

Mr Ronald Wong currently is a member of Finance & Investment sub-committee

COMMITTEE MEMBER
MR JOHNNY CHAN

SENIOR MANAGER

Appointed:
27 September 2022

Mr Johnny Chan is a Senior Manager equipped with over 20 years of Procurement experience in various industries, ranging from telecommunication to transport. His wealth of experience in Procurement helps SAS to establish clear Procurement policies and strategies, which in turn achieved significant costs saving from his initiatives as well as better governance control.

Mr Johnny Chan currently is a member of Procurement sub-committee.



COMMITTEE MEMBER
DR ONG GEOK CHWEE

CHIEF EXECUTIVE OFFICER

Appointed:
27 September 2022

Dr. Ong Geok Chwee is the CEO of a mobile alliance company. She brings more than 20 years of experience in the info-communications industry, with particular expertise in driving market development for emerging technology. Her strength of strong competency in driving innovation and innovative mindset have benefited SAS greatly, especially in IT and Fundraising.

In addition to her professional endeavors, Dr. Ong is a dedicated volunteer, serving as a Board Director for Samaritans of Singapore (SOS). She currently chairs the IT Sub-Committee and is also a member of the Fundraising sub-committee at SAS.



COMMITTEE MEMBER
MR SEBASTIAN SZETO

*FINANCIAL & OPERATIONS
CONSULTANT*

Appointed:
27 September 2022

Mr Sebastian Szeto is a chartered accountant and presently a financial & operations consultant providing full spectrum consultancy services in accounting and commercial operations. As an ex-auditor and ex-financial controller, he has acquired over 30 years of experience in diverse industries from big four accounting firms and multinational corporations. His comprehensive strength in audit and financial control is a much value-added asset to SAS.

Mr Sebastian Szeto is currently a member of the Audit sub-committee.



COMMITTEE MEMBER
MR TAN CHENG CHUAH (co-opted)

*BOARD MEMBER &
MANAGING DIRECTOR*

Appointed:
21 November 2023

Mr Tan Cheng Chuah is a Board Member and Managing Director of Construction Professionals Pte Ltd, PM Link Pte Ltd in Singapore, and PM Link Sdn Bhd in Malaysia. His leadership has led the companies to thrive and achieve significant milestones, setting the stage for their next phase of expansion.

Mr Tan's extensive industry knowledge and leadership skills have contributed to the transformation and growth of these companies. His technical expertise and problem-solving abilities will be an asset to SAS.

He is currently the Chairman of the Facilities sub-committee and a member of the Procurement sub-committee.



CURRENT SUB-COMMITTEES

as at date of report

AUDIT

Ms Wendy Soh
Chairman

Ms Mary Chua
Ms Joyce Chia
Mr Sebastian Szeto

FINANCE & INVESTMENT

Dr Noel Yeo
Chairman

Mr Ronald Wong
Mr Chew Loy Cheow
Mr William Mak
Ms Irene Chong

FUNDRAISING

Mr Eric Teoh
Chairman

Dr Ong Geok Chwee
Mr Alister Azriel Ong Tjoe
Ms Gelina Goh

GOVERNANCE

Mr Yeo Chuen Eng
Chairman

Mr Theodor Tan
Mr Daniel Chea

HOME MANAGEMENT & QUALITY ASSURANCE

Dr Timothy Teoh
Chairman

Dr Noel Yeo
Dr Paul Sim
Dr Kong Jun Cheong
Dr Meredith Chin

HUMAN RESOURCE

Mr Theodor Tan
Chairman

Mr Kiffly Marcus Araib
Mr Hong Siu Ming

INFORMATION TECHNOLOGY

Dr Ong Geok Chwee
Chairman

Mr Cheum Chee Leong
Mr Ong Beng Teck
Mr Chua Koon Teck

FACILITIES (BUILDING PROJECT BASED)

Mr Tan Cheng Chuah
Chairman

Mr Yeo Chuen Eng
Mr Theodor Tan
Dr Richard Tan

PROCUREMENT

Dr Richard Tan
Chairman

Mr Johnny Chan
Mr Tan Cheng Chuah
Mr Sean See

MEDIFUND

Mr Chew Loy Cheow
Chairman

Ms Liew Yan Yan, Melissa
Dr Mok Yee Ming
Mr William Mak
Dr Meredith Chin



MANAGEMENT TEAM

as at date of report

KATE KOH

CHIEF OPERATING OFFICER
Appointed to position since:
20 September 2018

Kate obtained her Bachelor of Accountancy from Nanyang Technological University. She started her career in one of the Big 4 accounting firms, followed by accounting positions in various MNCs. She joined Society for the Aged Sick in 2009 as Assistant Head of Finance and subsequently progressed to the position of Chief Operating Officer in 2018.

SANDRA QUEK

HEAD OF NURSING
Appointed to position since:
1 October 2017

Sandra has a Bachelor of Health Science in Nursing from University of Sydney (SIM) and Advance Diploma in Nursing Management. She has about 20 years of nursing experience, registered with the Singapore Nursing Board.

Sandra joined Society for the Aged Sick since 2014 and prior to that, she was a Nurse Manager in the private healthcare setting.

TONG PENG HON

HEAD OF FINANCE &
PROCUREMENT
Appointed to position since:
11 December 2019

Peng Hon obtained his professional qualification from ACCA. He has more than 20 years of finance experience in auditing, commercial and charity sector.

Prior to joining our Home, he was a Finance Manager in an Offshore and Marine Company.

NG YA HUI

HEAD OF MEDICAL SOCIAL
SERVICES
Appointed to position since:
27 May 2019

Ya Hui obtained her Bachelor of Social Work from the National University of Singapore and has been working in the social services sector for 16 years, primarily in the eldercare and healthcare setting. She was previously a Medical Social Worker at restructured hospitals for 4 years, after which she served in the National Council of Social Services (NCSS), and then the Ministry of Social and Family Development (MSF), overseeing eldercare agencies and programmes to ensure quality of service delivery for 9 years. Ya Hui joined our Home as the Head of Medical Social Services in 2019.

MAY ANG

HEAD OF HUMAN RESOURCES
Appointed to position since:
15 June 2021

May has been working as a HR professional for 20 years. She worked in various sectors such as Retail, Oil and Gas, Automation Software, including 10 years in the healthcare sector. She has a wide spectrum of human resource experience, including generalist and business partnering roles. May graduated with a Bachelor of Science in Business from University of London in Year 2005.

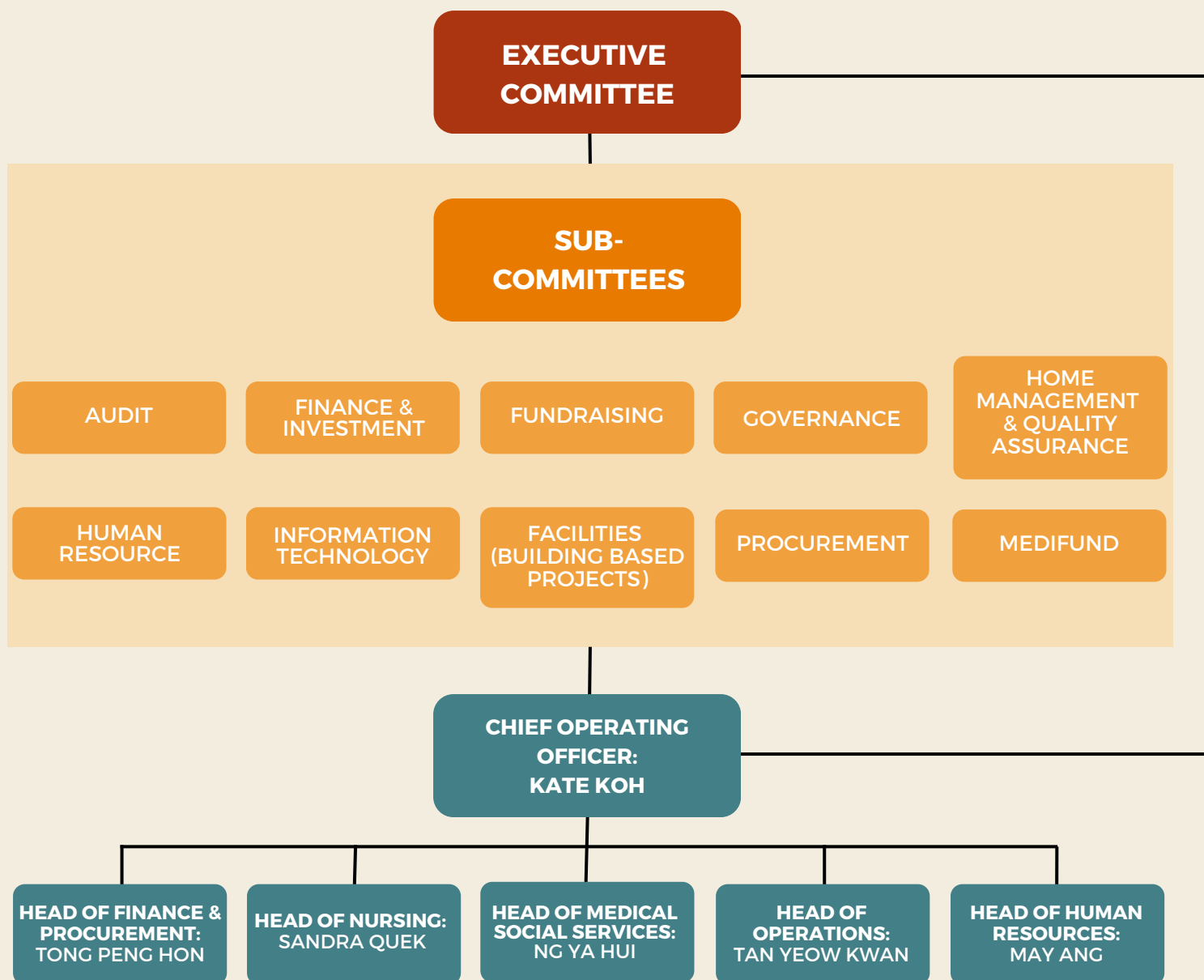
TAN YEOW KWAN

HEAD OF OPERATIONS
Appointed to position since:
10 October 2018

Tan Yeow Kwan obtained his Bachelor Of Mechanical Engineering from The University Of Newcastle (Australia). He has more than 15 years of operations related experience in various organisations such as FMCG and Process Plant companies.

In the span of his career, he was responsible for a wide spectrum of Operations functions, mainly on Managing Operations, Project Management and Building and Facilities Management.

ORGANISATIONAL CHART





GOVERNANCE

ROLE OF THE EXECUTIVE COMMITTEE (EXCO)

The EXCO's role is to provide strategic direction and oversight of SAS programmes and objectives and to steer it towards fulfilling its vision and mission through good governance. As part of its role, the following matters require EXCO's approval:

- Approve budget for the financial year and monitor expenditure against budget;
- Approve audited annual financial statements;
- Regularly monitor the progress of SAS' programmes;
- Strategic planning;
- New policies and revisions to existing policies;
- Award of vendors for expenditure exceeding \$20,000

EXCO ELECTION AND TERM LIMIT:

Under SAS's constitution, EXCO members are to be elected at alternate Annual General Meetings. Each term that a Member of the EXCO serve is for a period of about 2 years ("Term"). However, the maximum term limit for the Treasurer should be four consecutive years and the President is not eligible for re-election as President beyond three consecutive Terms. The current term of all the EXCO members in office as at the date of this report shall continue until the SAS's annual general meeting in September 2024. The EXCO has approved a policy and strategy pertaining to board renewal under which succession planning has to ensure that the EXCO continue to possess the appropriate blend of skills, experience and expertise to support the SAS's mission, objectives and strategies on an on-going basis.

Dr. Timothy Teoh, Mr Chew Loy Cheow, Dr Richard Tan, and Mr Yeo Chuen Eng, have each served on the EXCO for more than 10 years. For their respective skill sets and expertise which are elaborated upon in the table next page, and on the recommendation of SAS's Governance Sub-Committee, it is the EXCO's desire for them to remain serving as members of the EXCO so that SAS can continue to benefit from their invaluable contribution.



EXECUTIVE COMMITTEE MEMBERS SERVED FOR MORE THAN 10 CONSECUTIVE YEARS :



DR. TIMOTHY TEOH

Dr. Teoh has been a member of the EXCO since 24 June 2008 and serves as the President of the EXCO since 21 September 2018. He also serves as the Chairman of the Home Management and Quality Assurance sub-committee. Dr. Teoh is a Senior consultant at IMH with specialisation in Psychiatry. As a medical doctor by training, his clinical expertise and psychiatric knowledge makes him an invaluable asset to SAS as he is equipped with the practical knowledge and understanding to make recommendations and improvements to SAS. Dr. Teoh has served as the President of the EXCO since 21 September 2018 and currently chairs the Home Management and Quality Assurance sub-committee.



MR CHEW LOY CHEOW

Mr Chew Loy Cheow has been a member of the EXCO since 21 September 2011 and serves as the Deputy President of the EXCO since 21 September 2018. He has also previously served as the Honorary Secretary and Honorary Treasurer of the EXCO. Mr Chew currently is also the Chairman of Medifund sub-committee and serves as a member on the Finance & Investment sub-committee. Having worked with various established banks and investment organisations in the past, Mr Chew has brought vast investment, finance knowledge, and experience to SAS, helping SAS to achieve best financial return within an acceptable level of risk.



MR YEO CHUEN ENG

Mr Yeo Chuen Eng has served in the EXCO as a member since 17 January 2012. He currently serves as the Chairman of the Governance sub-committee and is a member of the Facilities sub-committee. He also served as member of the Finance & Investment sub-committee previously. Mr Yeo was a former Director at Standard Chartered Bank and he currently volunteers at the Foundation of Rotary Clubs Singapore Family Service Centre and Eldercare Centre as well as Singapore Cancer Society's Investment Committee.

With Mr Yeo's diversified experience and knowledge in other charities, he has contributed his valuable advice to SAS for the past 12 years, including but not limited to finance & investment, governance, and facilities.



DR RICHARD TAN

Dr Richard Tan has served in the EXCO since 10 June 2014 and was appointed as Deputy President on 21 November 2023. He is currently the Chairman of Procurement sub-committee and a member of the Facilities sub-committee. Dr Richard Tan is a member of the Institute of Civil Engineer (UK), Chartered Engineer (UK) and Professional Engineer (Singapore). He is currently a director of various companies. With his vast experience and knowledge in engineering and business, he has provided valuable practical advice to SAS, especially in facilities and building related matters.

EXCO MEETINGS AND ATTENDANCE:

A total of seven (7) Executive Committee meetings were held during the financial year. The following sets out the individual Executive Committee member's attendance at the meetings:

NAMES OF EXECUTIVE COMMITTEE MEMBERS	% OF ATTENDANCES
Dr Timothy Teoh	100%
Mr Chew Loy Cheow	100%
Dr Richard Tan	71%
Mr Theodor Tan	86%
Dr Noel Yeo	43%
Ms Irene Chong	86%
Mr Yeo Chuen Eng	100%
Ms Wendy Soh	71%
Mr Ronald Wong	43%
Mr Johnny Chan	43%
Dr Ong Geok Chwee	71%
Mr Sebastian Szeto	57%
Mr Tan Cheng Chuah (Co-opted on 21 November 2023)	100%



EXCO SELECTION PROCESS AND STRATEGY

Prior to the expiry of each term, the Governance Committee will review and make recommendations to the Board with respect to Board composition to ensure that the Board continues to have the appropriate mix of skills, experience, and expertise. The review will take into account the following:

- The annual Board effectiveness review.
- The contribution and performance of each Board member.
- Compliance with SAS's Code of Conduct.

Subject to the specific requirements of the constitution, Board members are generally expected to serve for no more than five consecutive Terms but a Board member may on the recommendation of the Governance Committee be requested by the Board to serve for such further periods if the Board determines that such member's skill sets, experience and expertise are necessary for continued support SAS's mission, objectives and strategies.

To ensure succession for Board members, SAS has adopted the following strategies to achieve the Board renewal objective:

- Induction of new EXCO members or Sub-Committee member by the existing EXCO members or Sub-Committee members.
- Leverage on the various agencies
- All new members will serve as a Sub-Committee member before being co-opted to serve as an EXCO member. However, the Board has the discretion to directly co-opt a member into the Board if it determines that his or her skill sets, experience and expertise are crucial for the continued support of SAS's mission, objective and strategies.

EXCO TRAINING AND EVALUATION

Governance Committee will ensure that:

- (a) New appointees to the Board understand the charitable objectives of SAS, charity law and regulations and the Code of Governance;
- (b) New appointees to the Board understand and agree to the time and participation requirements of Board members and understand their duties and responsibilities; and
- (c) Policies are developed for new Board member orientation and Board development and training.

Under the Governance Sub-Committee's terms of references, EXCO has to conduct self-evaluation to assess its performance and effectiveness once a term.

SUB-COMMITTEES: TERMS OF REFERENCE:

Audit Committee (AC)

The AC monitors the integrity of the Financial Statement and reviews the overall scope of the external and internal audit to ensure the adequacy of SAS's internal financial controls. The AC also reviewed the financial statements of SAS and the auditor's report for the financial year ended 31 March 2024.

Finance and Investment

The Finance and Investment Committee is responsible for overseeing SAS' financial operational controls and risk management, budget planning and monitoring, as well as capital asset management. The Committee also oversees the management of reserves and investments to ensure SAS maintains a level of reserves for its long-term financial sustainability.

Fundraising

The Fundraising Committee has oversight of all the charity's fundraising activities and to ensure compliance to all applicable laws and regulations. The Committee shall also ensure the fundraising activity by the third party is in accordance with the Society's objectives.

Governance

The Governance Committee helps to shape the governance of SAS by developing and recommending to the EXCO a set of governance principles, standards, and practices in line with Charity law and the code of Governance.

Home Management and Quality Assurance

The Home Management and Quality Assurance Committee assists the EXCO in establishing, monitoring and maintenance of internal systems and controls to give reasonable assurance that SAS is operated efficiently and with quality control for the safety and dignity of the residents of SAS.

Human Resource

The Human Resource Committee assists the EXCO in establishing, monitoring and maintenance of appropriate Human Resources (HR) and employment matters by ensuring HR policies are set in accordance with applicable laws.

Procurement

The Procurement Committee assists the EXCO in the establishment, monitoring and maintenance of a procurement strategy and systems of internal controls for the purchases by SAS to give reasonable assurance that purchasing decisions are prudent and value for money and purchasing and procurement are done transparently and in compliance with applicable laws.

Information Technology (IT)

The IT Committee assist the EXCO in fulfilling the EXCO's oversight responsibilities with respect to IT activity of SAS. IT Committee ensure SAS' IT programs support SAS' long-term goals and strategic direction, oversee risks related to the quality and effectiveness of SAS' IT data security, data privacy and disaster recovery capabilities and advise SAS' EXCO and management team on IT matters.

Facilities (Building Project Based)

The Committee assist the EXCO on building development and construction at the SAS's premises if the EXCO approves a project for any such development and construction (a "Project").

MediFund Committee

The MediFund Committee reviews and approves Medifund applications from eligible residents and administers payments out of the Medifund account. In considering any application and authorising any payment, the Medifund Committee ensure all cases are in compliance to the Medical and Elderly Care Endowment Schemes Act (MECESA), its corresponding regulations and any directives and guidelines issued by the Minister and Medifund Account do not go into overdraft at any point.

DISCLOSURE OF REMUNERATION AND BENEFITS RECEIVED BY EXCO MEMBERS:

No EXCO members were remunerated for their EXCO services in the financial year.

The Chairman and members of the Sub-Committee can be found on page 6-11 of the Annual Report.

DISCLOSURE OF REMUNERATION AND BENEFITS RECEIVED BY MANAGEMENT TEAM:

The remuneration received by the Management Team can be found in **Note 3B** of the Financial Statements. None of the Management Team members serves on the EXCO.

There are no paid staff who are close members of the family of the Executive Head or EXCO members, who each receives total remuneration of more than \$50,000 during the year.

No Management staff is involved setting his or her own remuneration.

CONFLICT OF INTEREST POLICY:

SAS has a policy regarding conflicts of interest which requires (among other things) prompt declaration of any actual or potential conflict of interest in respect of any proposed transaction involving SAS and exclusion from discussions and decision making on the proposed transaction. The policy further provides that the proposed transaction may only be undertaken if there is a competitive bid or comparable valuation and the EXCO determines that the proposed transaction is in the best interests of SAS.

WHISTLE BLOWING POLICY:

SAS has established a whistle-blowing policy to address concerns about possible wrong-doing or improprieties in financial or other matters within the Home.

VOLUNTEER MANAGEMENT POLICY:

All the volunteer involvement and management are guided by SAS Volunteer Management Policy. The policy address the volunteer recruitment and selection process, training and development, supervision and evaluation, recognition, and maintenance of volunteer records.

GOVERNANCE EVALUATION CHECKLIST:

The Society's Governance Evaluation Checklist and its level of compliance in relation to the financial year under review may be viewed at www.charities.gov.sg.



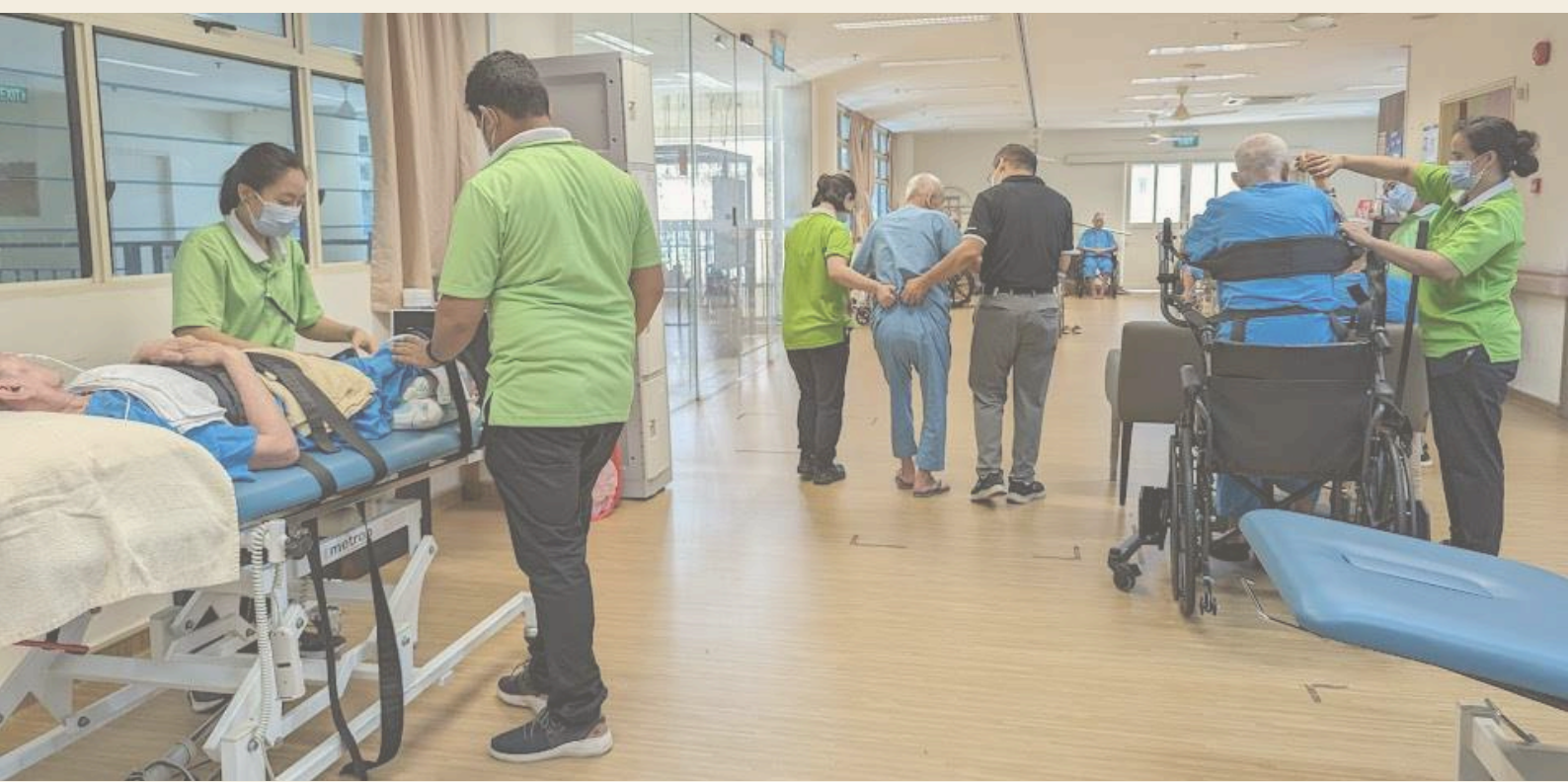
OUR SERVICES

OUR SERVICES

At Society for the Aged Sick (SAS), we provide residential care services to people in need of daily skilled nursing care and/or assistance in activities of daily living and who cannot be cared for at home, particularly the less privileged.

To ensure that residents of the home receive holistic care during their stay here with us, we also provide a range of other services to meet their needs.

- (i) Physiotherapy
- (ii) Occupational therapy
- (iii) Psychosocial support
- (iv) Palliative and end-of-life care
- (v) Social activities and outings
- (vi) Medical care
- (vii) Speech therapy
- (viii) Nutrition and dietary services
- (ix) Pharmacist reviews

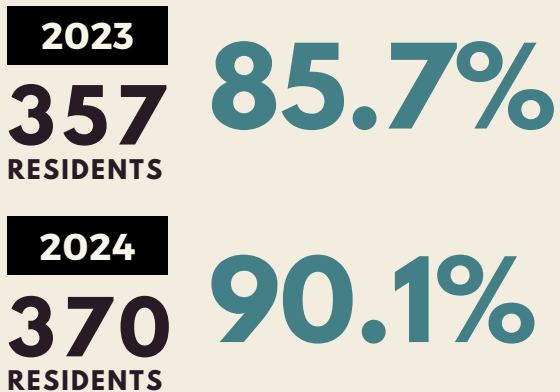




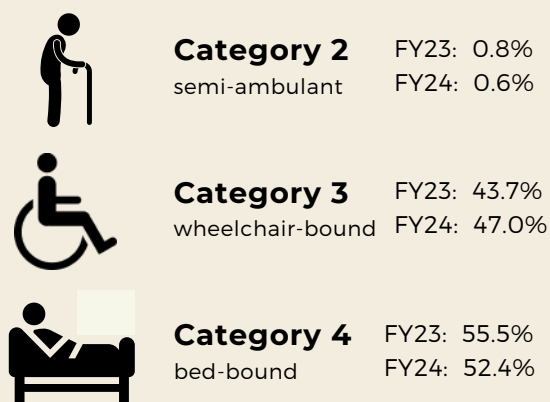
SAS AT A GLANCE

As at 31 March 2024

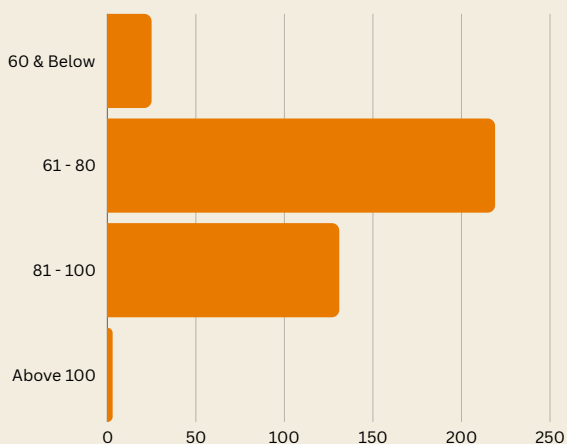
Average Occupancy Rate



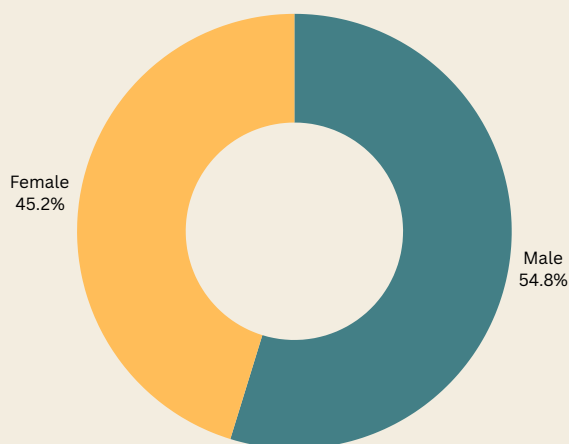
Mobility category



AGE PROFILE



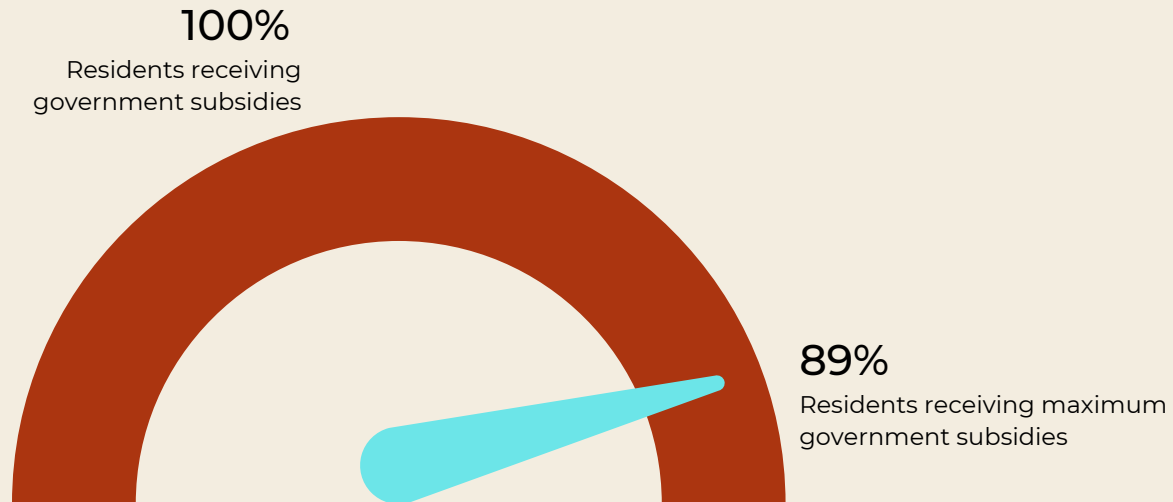
RESIDENTS' PROFILE



SERVING THOSE IN NEED

Subsidies

As a not-for-profit charity organisation, SAS is dedicated to serving those in need of nursing and medical care, especially those from low-income families and those who have no familial support.



Helping the financially disadvantaged



37%

of our residents are without family or Next-of-kin's financial support

Donations received in FY24



\$2,266,264
in monetary donations



\$163,970
in donations in-kind

RESERVES POLICY

SAS' reserves level as at 31 March 2024:

	CURRENT YEAR (S\$)	PREVIOUS YEAR (S\$)	% INCREASE / (DECREASE)
Unrestricted Funds (Reserves)	23,673,522	21,567,717	9.76%
Restricted / Designated Funds:			
• Building Reserve	2,544,760	2,486,579	2.34%
• Computerization Fund	39,871	91,382	(56.37%)
• Bob and Hazel Booker Memorial Fund	99,212	95,344	4.06%
Annual Operating Expenditure	18,243,679	16,321,756	11.76%
Ratio of Reserves to Annual Operating Expenditure	1.30 years	1.32 years	



The reserves that we have set aside provide financial stability and the means for the development of our charitable activities. We intend to maintain our reserves at a level which is equivalent to 12 months at the very least. We intend to use the reserves in the following manner:

- to meet unexpected expenditure or contingencies
- to cover for delays between spending and receipt of donations or grants.

The EXCO regularly reviews the amount of reserves that are required to ensure that they are adequate to fulfil our continuing obligations.

Purposes of restricted funds:

(i) Building Reserve

This is meant for the renovation, maintenance and payment for repair services of the leasehold building.

(ii) Computerization Fund

This is to be used for SAS' IT system upgrades.

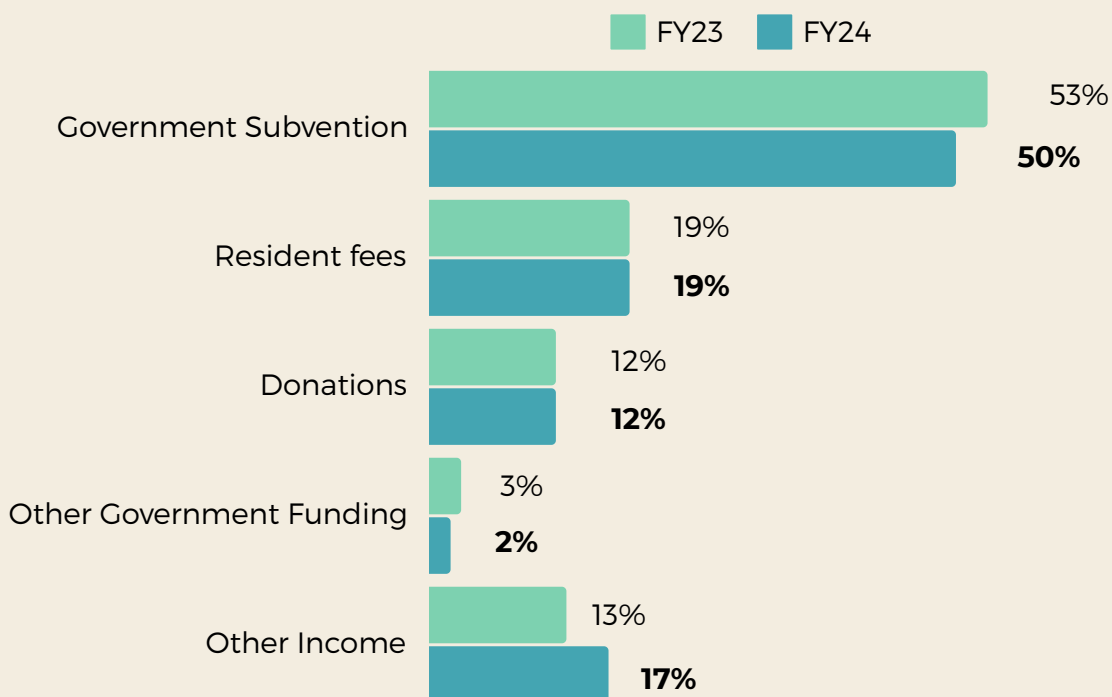
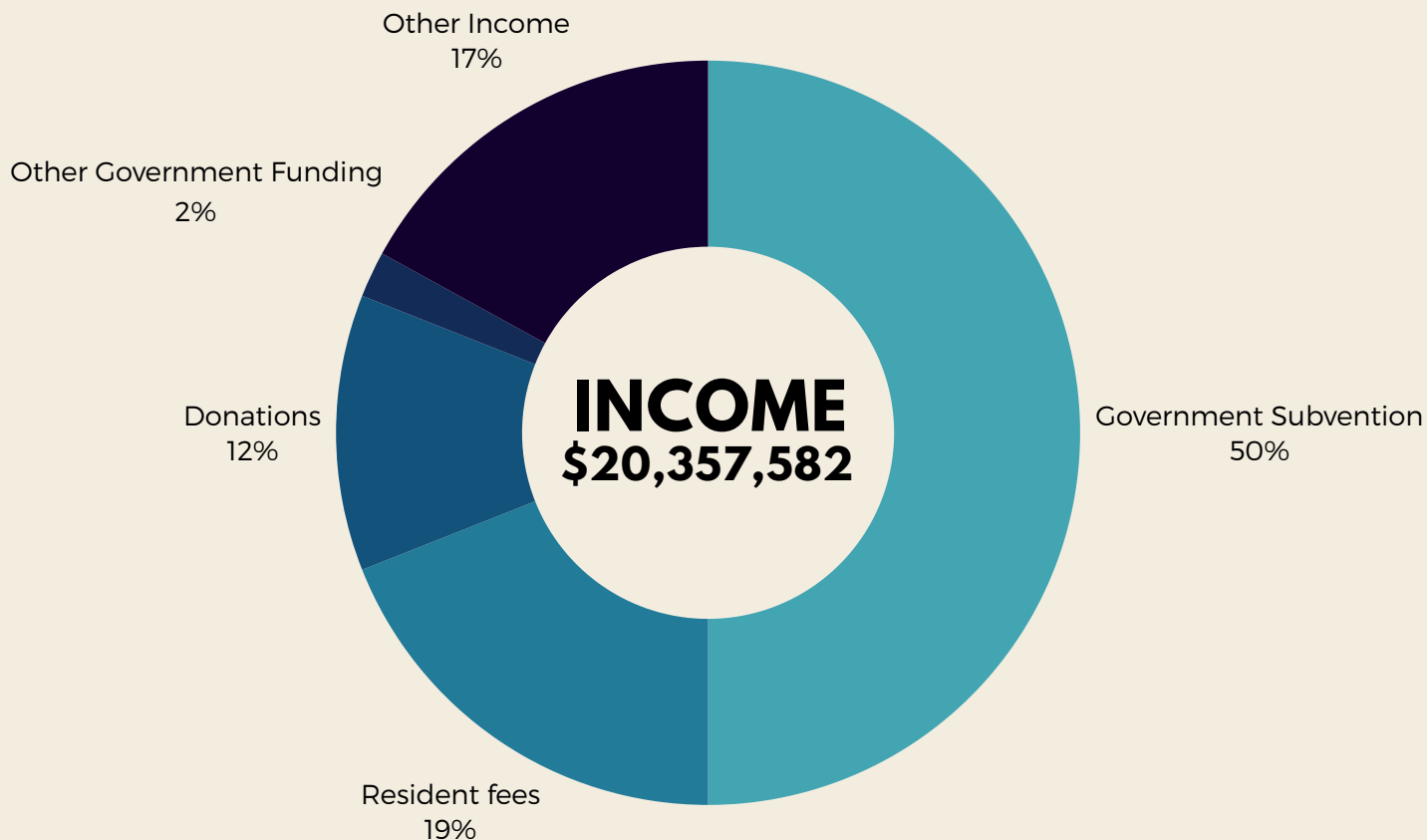
(iii) Bob and Hazel Booker Memorial Fund

(previously named as R.K. Booker Memorial Fund)

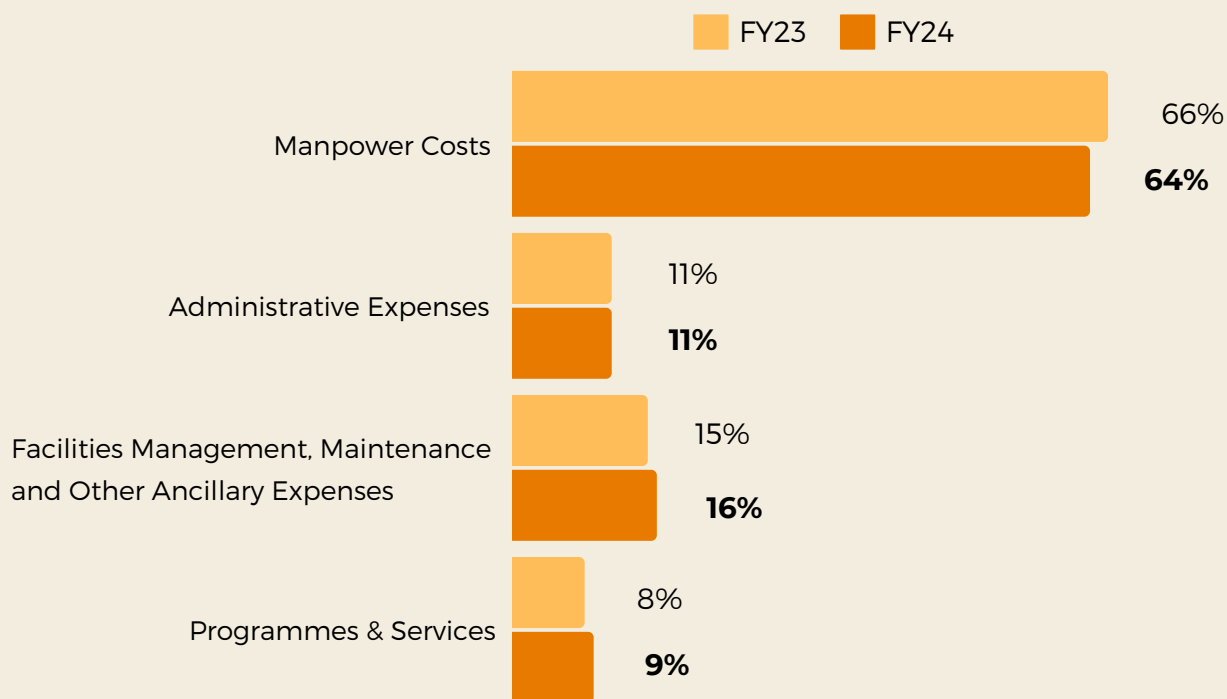
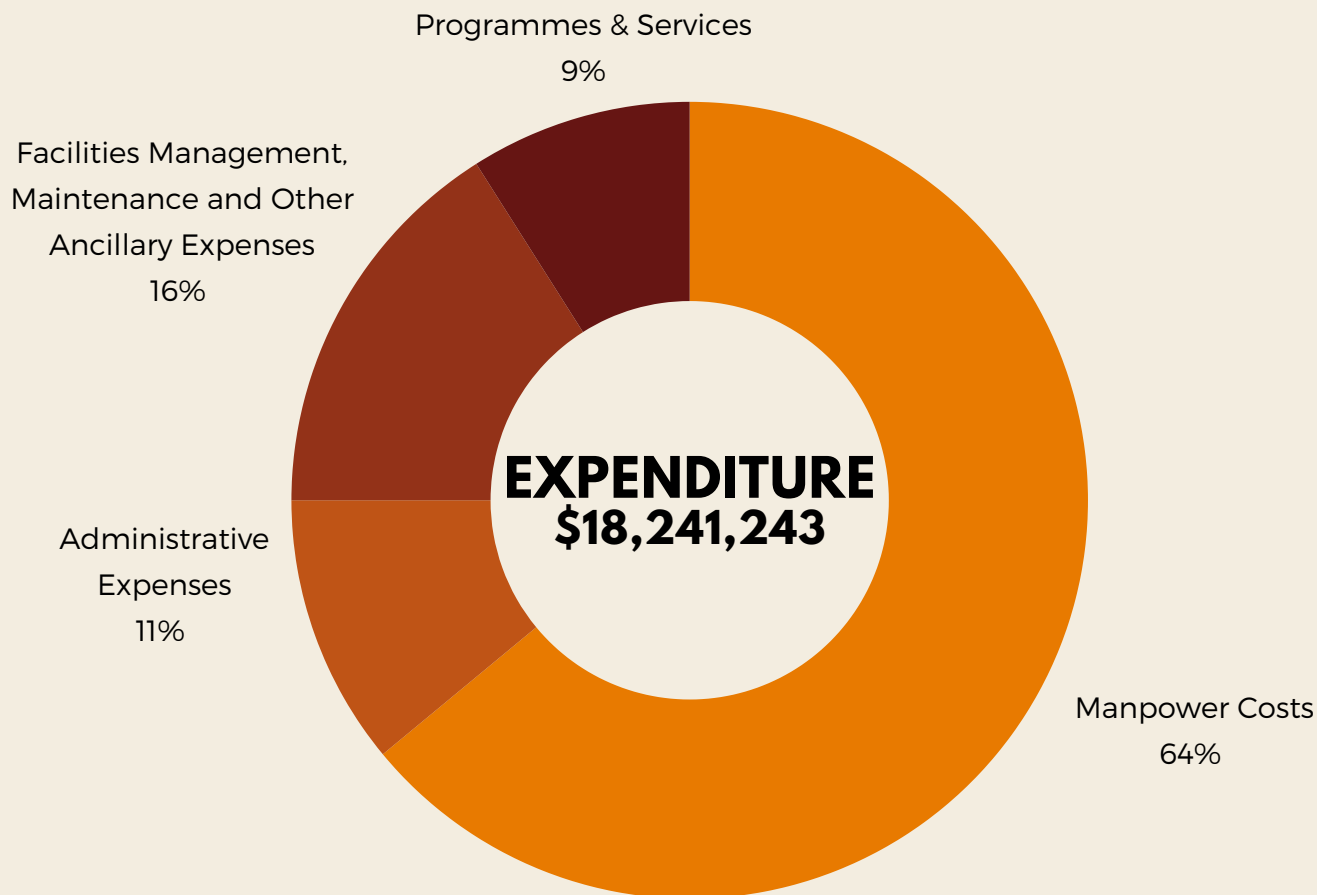
This is used for giving out scholarships and training for SAS' staff.

SAS plans to utilize this fund for ongoing staff training expenses.

SOURCES OF INCOME



SOURCES OF EXPENDITURE



FINANCIAL HIGHLIGHTS OF THE YEAR

SUMMARY FINANCIAL PERFORMANCE

Total Income:	Total Expenditure:	Surplus:
\$20,357,582	\$18,241,243	\$2,116,339
(FY23: \$17,346,136)	(FY23: \$16,321,756)	(FY23: \$1,024,380)

For the financial year ended 31 March 2024, SAS generated a surplus of \$2,116,339. This is about \$1m higher than our previous financial year.

The increase in surplus is mainly due to increase in occupancy rate and government grant to support the healthcare sector salary adjustment. The increase is partly offset by increase in manpower costs and operating costs.

1. Income

The increase in income is mainly due to increase in occupancy rate and government grant pertaining to the healthcare sector salary adjustment. Higher donation and interest generated from our fixed deposits and investment also contributed to the increase.

2. Expenditure

Operating costs increased by about \$2 million mainly due to higher manpower costs, increase in occupancy rate and the costs pressure from external factors.

Manpower cost increased by about \$830,000 as compared to FY2023. This is due mainly to the increase in foreign worker levy, salary adjustment to recruit and retain our healthcare workers.

Other costs like resident nursing cares costs, facilities management, maintenance & other ancillary costs have increased by about \$1 million due to higher occupancy rate and to provide better quality of service to our resident. Impact from external costs pressure has also contributed to the increase of our operating costs.

MAJOR FINANCIAL TRANSACTIONS DURING THE YEAR

SAS' cash and cash equivalents decrease by \$540,827 (3%) during the year mainly due to investment in money market fund during the financial year. This is partly offset by the operating surplus generated during the year.

PURPOSE OF CHARITABLE ASSETS HELD

Total assets held by SAS amount to \$38,574,044 as at 31 March 2024, of which

(i) \$17,500,208 or 45% is held in the form of cash and fixed deposits. Of this \$13,945,060 is placed with fixed deposits.

(ii) SAS has invested total amount of \$5,500,000 in Money Market Fund. These investments are classified and measured at fair value through profit and loss (FVTPL) as required by FRS 109. SAS has recognised fair value gain of \$143,886 (2023: 7,595) from investment in the profit or loss. Fair value for the investment as of 31 March 2024 is \$5,651,481.

(iii) \$8,650,970 (22%) is held in the form of property, plant and equipment.

These include the leasehold building at 130 Hougang Avenue 1 where the Home is located, vehicle and furniture and equipment that support the operations of the Home.

(iii) \$5,111,255 (13%) is the prepayment of lease renewal premium to Singapore Land Authority for the 30-year lease from 1 September 2018 to 30 August 2048.

In the year ahead, we have plans to perform cyclical maintenance and renovation of our home to provide better facilities for our residents and better support our operations. They include repainting, replacement of old carpentry and repurpose of spaces to resident activity rooms and storage facilities. Aside from the application for government grants, we will also be raising funds to defray the cost of this project.

AWARDS



SN Joy



SN Christina



SN Ethel



SN Zin Po

It is with great pride that we present four of our Senior Nurses (SNs) as recipients of the prestigious Resilience Medal. During the pandemic, these four SNs have contributed their skills, time, and resources to help in the fight against COVID-19. The Resilience Medal award acknowledges the individuals who were substantially involved in managing the challenges posed by COVID-19 at the organisation.

SENIOR NURSE (SN) Amplayo Ethel May Ancog:

SN Ethel proactively volunteered her off-duty time, even late hours into the night. She would collect swab specimens from residents and personally send them to the National Public Health Laboratory (NPHL). Her monitoring of residents' conditions closely with strictly implemented infection prevention control measures in the ward, greatly minimised the infections in the ward.

SENIOR NURSE (SN) Musni Christina Solmayor:

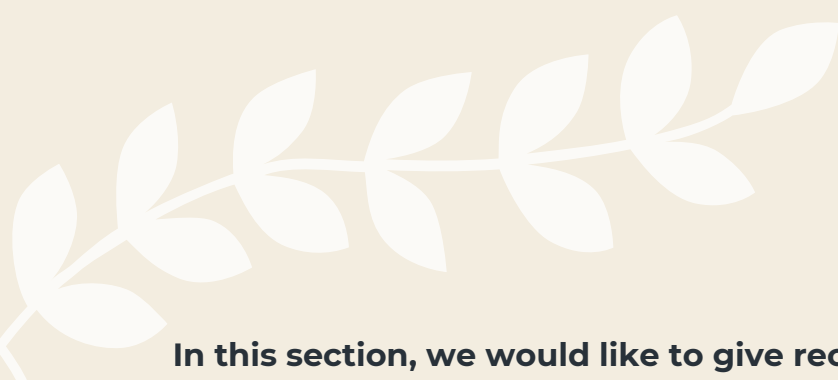
In our Home, SN Christina played an integral role in ensuring we were well stocked on medical supplies and that all staff under her care were adhering to pandemic protocols in the wards. She also went beyond her call of duty and contributed aid to other shorthanded nursing homes during the pandemic.

SENIOR NURSE (SN) Saludes Cheresse Joy Romulo

Just like her namesake, SN Joy is known for her positive attitude and dedication to providing quality care to residents. During the pandemic, she also willingly volunteered to be deployed to other organisations in lieu of their manpower shortage.

SENIOR NURSE (SN) May Zin Po Myint

During the pandemic, SN Zin Po's involvement was crucial in drawing up isolation zones to prevent the further spread of the infection. Her commitment also extended beyond her working hours as she ensured her ward was running smoothly and infected residents were well taken care of.



Awards

In this section, we would like to give recognition to our longest service staff.



Taken 21 Nov 1993.

From top left, Ms Low Geok Koon, Ms Ou Swee Lian, NM Grace Lo
Bottom left, first president of SAS, Mr Prithvi Raj Sachdev and wife

Nurse Manager (NM) Grace Lo - 40 years with SAS!

It's hard to mention SAS without mentioning Nurse Manager Grace Lo, also affectionately known as 'Lo Ma' internally. 2023 was her 40th year with SAS! She is integral to the foundation of SAS having trained many of the nursing staff and forged strong bonds with residents over the years.



From left: SSN Monica, SEN Phebe, SSN Mar Mar, NM Grace, NM Kyaw Moe, NC Molly, NC Thuzar

We also have these nursing staff who have been with SAS for decades. They have grown with us over the years and are now passing on their knowledge and skill sets to the newer nursing staff through their leadership and training.

- Senior Staff Nurse Monica
- Senior Staff Nurse Mar Mar
- Senior Enrolled Nurse Phebe
- Nurse Clinician Molly
- Nurse Clinician Thuzar
- Nurse Manager Kyaw Moe

A special mention must be made of two of our nursing staff who have since left after many years of service. While we are sad to part ways with such invaluable talent, we wish them all the best in their future pursuits and retirement.



Staff Nurse Ibrahim (pictured in white top in first row) who has retired after 15 years with SAS



Healthcare Assistant Khin Nyo (pictured 3rd from right) who has been with SAS for 22 years

FESTIVE CELEBRATIONS



SAS internal CNY celebration with staff and residents



Deepavali celebration with Ripple Movement



CNY Chinatown outing with Rotary Club of Singapore

Mid Autumn Celebration with Singapore Pools



For our residents, festive gatherings are some of the cherished memories they have growing up; time spent with loved ones and family. Now that they are residing at SAS, we are so glad to have many groups, organisations, and corporates, celebrate and honour these cultural celebrations with them.

While most of the celebrations took place in our home, some groups also brought our residents out to restaurants and locations like Chinatown and Changi Jewel during the Chinese New Year (CNY) and Christmas festive periods.

Rotary Club of Singapore brought a group of our residents to Chinatown, Paya Lebar Methodist Girls' Secondary School invited our residents to a specially conducted carnival at their school, and our neighbour, Hong Lai Sze temple invited our residents to a hearty dinner. Woh Hup group as well as Caring Touch treated our residents to a hearty CNY meal at restaurants.

Throughout the year, we had groups coming in to cover every festive celebration. Starting with CNY, Vesak Day, National Day, Deepavali, Dumpling Festival, and ending with Christmas. Our gratitude goes out to everyone who has helped to spread the festive joy through the home!



Christmas party with Betty's Fabulous Volunteers' Club

55th ANNIVERSARY GOLF FUNDRAISER



To commemorate our 55th Anniversary, we held a fundraising golfing and dinner event at Tanah Merah Country Club. Our event had a great turnout with more than a hundred golfers' and donors' support! A big thank you to our Guest of Honour, Mr Seah Kian Peng, Speaker of the Parliament of Singapore, and special guest, Mr Alex Yeo, Adviser to Aljunied GRC Grassroots Organisations.

It was truly a fantastic day of raising funds for our beneficiaries in need. We managed to raise over \$360K (before Toteboard's matching grant). Thank you once again for all the outpouring support. Let's continue striving together to give quality care and quality life to our elderly in need!

AMOUNT RAISED:
over \$360K

(before Toteboard's matching grant)



55th ANNIVERSARY APPRECIATION NIGHT



This year's Appreciation Night was graced by Member of Parliament, Ms Tin Pei Ling, and Adviser to Aljunied GRC Grassroots Organisations, Mr Alex Yeo. We also had a special feature performance by Temasek Junior College's Chinese Orchestra group.

To show our gratitude for our donors and volunteers in attendance, together with our residents, we prepared succulent plants as a token of appreciation for everyone who joined us that evening. Succulents symbolise tenacity, strength, and selflessness, which perfectly sums up our unwavering supporters who have been our pillar of strength for us through the years.

One of our talented residents, Mdm Tan, also presented a special token of appreciation to our GOH Ms Tin. Using finger crochet, Mdm Tan handmade a cushion from scratch

Again, we would like to thank all the supporters in our community for their contribution through the years. Words cannot encompass the magnitude of our gratitude for your unwavering support for our residents. Thank you for stretching out a helping hand to us.



GRANDPARENTS' DAY



In September, we celebrated our Home's very own Grandparents' Day. On this special day, we gathered the families and loved ones of our residents for fun-filled activities.

Our resident drummers conducted a special performance to officially kick off the event. This performance was the product of months of hard work with our rehab team at the helm. The marvelous performance not only showcased our residents' talents, but also embodied the camaraderie amongst the team.



We even had a mini art and plant sale to raise funds. Many of our residents' art pieces were put on display and those in attendance were encouraged to 'adopt' them on a "pay what you want" basis. Our resident artist, Mr Ong, also set up an "Ong-rigami" workshop booth to teach anyone interested. We had many patrons buying up their family's art pieces and the plants sold like hot cakes as well! The plants were extremely limited, all grown with passion and dedication by our very own resident, Mr Tan Hong Lian. Consisting of potted aloe vera, orchids, and edible vegetables, Mr Tan's plants were all adopted by the end of the event, much to his delight. He genuinely loves sharing his plants and will not hesitate to give you his plants or even rescue them for you!



REHAB DAY



On 27th October, we celebrated Rehab Day at SAS. Rehab Day is a combination of both Physical Therapist and Occupational Therapist Day. The theme for this year is "Unity through Community". The theme promotes teamwork to facilitate participation and community interaction.

The Rehab team took turns to give talks on their expertise and share their experiences working with residents. And to emphasise on the theme of unity, they engaged residents in a friendly competition of modified hockey.

Kudos to our Rehab Team for all the work they do with our residents! Every one of them plays such an integral part in the daily lives of the residents at our Home.



NURSES' DAY



With the help of our donors and volunteers, we threw our Nursing and ward staff a party for them to unwind, watch live performances, and feast. To all our staff who celebrated with us, we hope you had a good time! Some of the performed hits were clearly favoured amongst our staff who cheered endlessly.

A big thank you to volunteer and sponsors Ms Jane Tan and sponsor Ms Cecilia Tan, who helped to put together this celebration!



STAFF WELFARE



For the first time since the pandemic hit, our HR team coordinated a company trip to Batam. This trip was a great chance for our team of staff to bond, experience new things together, and learn more about each other. This exciting trip was packed full of exciting activities and great food, giving everyone an opportunity to unwind.

Those who were unable to make the company trip were treated to a scrumptious buffet dinner at Ginger at Parkroyal.



INAUGURAL POLLING IN NURSING HOMES



News segment featuring Nurse Clinician Molly demonstrating the polling process



News outlets interviewing our resident Mdm Chua in Mandarin



Our COO, Ms Kate Koh, being interviewed in English and Mandarin by various news outlets



Local Mandarin News feature

1 September 2023 was polling day for all Singaporeans, but it was extra special for us. This was the first time polling stations were set up in several nursing homes across Singapore, with SAS being one of them. This inaugural experience was extremely beneficial for our residents with the more accessible voting set up.

Four polling stations were set up in the Home's premises, allowing our wheelchair-bound residents to vote with ease. Our bedbound residents were also able to vote this round with the assistance of election officials at their bedside. This new setup in our home made the voting process smoother and much more convenient for us.

News agencies like Channel News Asia also came down to our Home to report on the new voting process and interview our residents.

Our residents, Mdm Lee and Mdm Chua, spoke about how the voting process had been easier in comparison to the previous years' which had required them to make special arrangements for wheelchair-accessible transport and accompanying care staff to bring them to the allocated venues to queue and make their vote.

Our COO, Ms Kate Koh, gave an interview providing more insights on the logistics ongoing behind the scenes. Nurse Clinician, Molly, can also be seen on the news assisting polling officials with the simulation of the voting process in the home.

This change in the voting process shows how Singapore is taking a step towards being more inclusive of the population that are more disadvantaged. Allowing them to exercise their rights (or should it be civic duty) gives them the opportunity to be part of the country's future.

ORAL WELLNESS



Dentists from Tzu-Chi providing bed side dental procedures to bedbound residents



From May to July 2023, the dental team from Tzu-Chi Singapore performed pro bono dental screening and procedures for all our residents. The CASA-MODAL project (Clean And Screen All Mouths Of Disability And Long-term care facilities) started by Tzu-Chi Singapore, aims to provide accessible dental services to those with disabilities or who are housed in long-term care facilities. The dental procedures included: Screening, Examination and Diagnosis, Dental brushing, Silver Diamine Fluoride (SDF) application, Denture soaking, and DURAPHAT application.



A designated station was set up in the home for wheelchair-bound residents to receive dental procedures. For residents who were bedbound, the team from Tzu-Chi would carry out the procedures by their bedsides in the ward. The team was incredibly caring and patient in their interaction with our residents, allowing even some of our more anxious residents to open up and be open to receiving dental treatment.

Words cannot express how grateful we are that they managed to provide dental care to 347 of our residents over the course of three months.

COLOURFUL TRANSFORMATION



"STAYING FIT IN OUR SILVER YEARS"

SPONSOR:
WOH HUP
REHABILITATION WITH PURPOSE

PARTNER:
THE GIVING COLLECTIVE

DESIGNED BY:
Anne Neo, January 2024



Entitled "Staying Fit in Our Silver Years", our new gym mural celebrates the strides our residents have made in their physical rehabilitation in the gym space. Staying fit can be fun too with a splash of colour!

Our vividly coloured mural has been a group effort over the months - from creating a meaningful design, to raising funds, and to its fruition with the help of volunteers.

A special thanks to our volunteer artist, Anne Neo, and Woh Hup group, who not only sponsored this mural, but also supported us with volunteer painters over weekends to complete the mural. We could not have done it without the support of so many groups of people in our community coming together to help us.



Last but not least, we are grateful to our two resident artists, Mdm Yuen and Mr Lee, for helping to add the finishing flourishes to the mural.



Residents Mdm Yuen & Mr Lee helping our volunteer artist with the mural

COLLABORATION WITH ST LUKE'S HOSPITAL



It is crucial that our nurses are constantly building skills and staying updated in the medical field to better provide for our residents. Since January 2023, SAS has been collaborating with St Luke's Hospital regarding wound care to reinforce our clinical care. Chronic wounds are predominant among the elderly and with the help of St Luke's nurse clinicians sharing their treatment plan and procedures, our nurses are better prepared to help our residents heal successfully.



INTERNATIONAL DYSPHAGIA DIET STANDARDISATION INITIATIVE (IDDSI)



Dysphagia, or swallowing difficulties, is a prevalent condition with age. This affects one's ability to intake food and fluids. To ensure a common understanding and safe implementation of the IDDSI framework across the board, our care staff have gone through several rounds of training by our Nurse Educator, Ms Wendy Teo. During her workshop, she uses games, mini quizzes and tests. She makes sure all our staff are familiar when dealing with the various diets of our residents.

Together with our speech therapists, dietitians, and nursing home aids, we work to create a safe environment for all our residents.



SILVERFIT



The Silverfit 3D is a virtual therapy system that our rehab team has recently added to their exercise program. Used to train gross motor skills and activities of daily living (ADL) tasks, this software platform facilitates physiotherapy rehabilitation through specially designed virtual games.

Many of our residents have expressed keen interest in participating in this activity that involves technology they have not encountered. Those who have gone through a few sessions remarked that they enjoy it thoroughly.



SENSORY ART



Sensory Art is a form of art therapy that explores one's creativity while stimulating their senses.

Throughout the year, our Resident Care Assistants under the Medical Social Service team have conducted several such art sessions for our residents. Using art materials of various textures, their senses are engaged through the art-making processes. This not only helps them to practise their motor skills, it can also enhance positive mental wellness by altering their physiology and attitude.

"Through these art activities, residents were able to create meaningful pieces"

Ms Ng Ya Hui, Head of MSS



SPIRITUAL SUPPORT



Our Medical Social Services (MSS) team has expanded their psychosocial support to include fellowships for our religious residents.

While not all our residents are religious or share the same beliefs, religion is often a source of refuge and peace, especially in trying times. We believe that providing religious support can also help with their mental well-being during their stay at our home.

Many of the religious fellowships are conducted with the voluntary support of religious organisations, and for that we are ever thankful. These fellowships not only help our residents on a spiritual level, the volunteers are also able to form meaningful bonds with our residents in the congregation.

We are glad to be extending the support towards our residents on a spiritual level and look forward to partnering with more religious organisations to cover other religious denominations in the upcoming year.



SPIRITUAL SUPPORT



As part of the spiritual outreach towards residents, on 7 March, with the much-needed help of our volunteers, we were able to bring some of our Buddhist residents to Kong Meng San Phor Kark See Temple. Located on Bright Hill Road, this is the biggest temple in Singapore.

This religious trip helped to fulfill our residents' expressed wishes to offer their prayers in person. At the temple, they were able to participate in ongoing mass prayers, a practice that is of importance to them and one that we believe can bring them some inner peace.



Our gracious hosts also brought our residents on a tour of the different sites and shrines on the temple grounds. This enriching religious excursion was concluded with a communal vegetarian meal amongst fellow visitors of the temple.

We would like to thank our volunteers, especially Ms Ng Saw Hoon (she is also our residents' Nagomi art teacher) who graciously covered the costs of the wheelchair transport that ferried our residents and volunteers to and from the temple.

HONOURING LOVE AND LOSS

At SAS, we believe that care extends beyond physical assistance to encompass empathy for our residents and their families during times of grief and loss. In addition to counselling, our social workers have facilitated the attendance of several residents at the funerals of their loved ones as well as the funerals of fellow residents.

Though logistical arrangements can pose challenges, our MSS team strongly advocates for the importance of attending funerals as a vital component of the grieving process — not only for our residents but for all involved. We also had a few occasions where our staff attended the funerals of residents that they had grown close with over the years. Being present allows them to pay respects, cherish shared memories, and bid a final farewell alongside others who held significance in their loved one's life.



INTERGEN PROJECT



Student volunteers from St John's Brigade guiding residents to make instrumental shakers to be used for a later singing session



The Intergen project, short for intergenerational project, between SAS seniors and students aims to promote and cultivate social inclusivity within our community. Our Rehabilitation team partnered with PCF Sparkletots @ Sengkang and St Johns' Brigade to have young volunteers between the ages of 3-16 engage with our senior residents. Together, they helped to conduct the daily occupational therapy activities like arts and crafts, gardening, singing, upper body exercise, and dancing.



Our residents had a fun time interacting with the younger generation and it was certainly a learning experience for the young students. Getting a chance to interact and help out our residents, they were able to experience firsthand how we can always include everyone by making a little adjustment or modification. We hope that inculcating this at their young age will allow them to further the socially inclusive mindset.



Monthly session with Kindergarteners from PCF Sparkletots

ESPLANADE PRESENTS



In July, we were extremely fortunate to be visited by GuoGuang Opera Company, who in collaboration with The Esplanade Co Ltd, brought a marvelous performance to our Home! They performed an intriguing tale entitled Picking Up the Jade Bracelet 《拾玉镯》 which was a hit with our residents.

We were all enthralled by their musical performance which was accompanied by Chinese Orchestral music. Our residents were especially excited to meet the cast after the show to get a closer look at their unique and elaborate costumes, as well as thank them for the fantastic show they put on.

TENG ENSEMBLE



Another talented music group to visit our home is the Teng Ensemble under the Teng Givesback programme. With a creative fusion of chinese and western instruments, they recreate some of our residents' favourite oldies from the 60s and 70s. They say music is the universal language that everyone speaks, and it really shows. Even if residents can't identify the song, they are still able to enjoy the lovely tunes created by the blend of instruments.

During their performances, Ms Nancy Ong (Head of Outreach) always introduces the different instruments to let our residents hear their distinct sounds and understand more of their background.

Their performances always leave us wanting more!



NAGOMI ART

Our Nagomi pastel art class is helmed by our volunteer, Ms Ng Saw Hoon. Every first Monday of the month, our arty residents gather to do an art piece or two under the instruction of Saw Hoon and other fellow volunteers. She incorporates the therapeutic method of the Japanese Nagomi art form to create heartwarming art pieces that our residents really enjoy making.

In May 2023, our residents' Nagomi Art pieces were also exhibited at Kovan Hub. Organised by Paya Lebar Community Arts and Culture Club, our residents were invited to view their art pieces on display and create more art pieces with students and volunteers at the workshop.

We have many Nagomi pastel art pieces on display at our home. Try to spot them when you visit our home. You can identify them with their iconic square shape and white border!

A big thank you to Saw Hoon and our many arty volunteers for coming by to help in the Nagomi sessions!



YOUTH CORPS SINGAPORE



We are very fortunate to have Youth Corps volunteers come down to engage with our residents twice a month. They have conducted various activities such as arts & crafts, games, as well as helped out in our drumming sessions in conjunction with our Rehab team.

These youths who come down always make it a point to befriend our residents. Despite sometimes facing language barriers, these young individuals always make the effort to engage and cheer up our residents.



KOPI OUTING

In early 2023, we finally resumed our coffeeshop outing since the pandemic. Thanks to our monthly supporter, Rotary Club of Singapore West (RCSW), and many other adhoc volunteer groups, we have been able to bring our residents who are on regular diet to the nearby coffeeshops.

Just the short stroll to feel the warm breeze and being able to choose from the local delights at the coffeeshop really brings a smile to our residents. And thanks to our volunteers, they can have a fun companion to chat with and share their stories over a hearty meal.

Visiting the coffeeshops is a task that we could not have done without our volunteers help. We are ever grateful for the attention you give to each and every resident on this outing, whether it is lending a listening ear, or attending to their needs. Our residents always look forward every time a Kopi Outing is coming up. Thank you for taking a few hours of your day to share joy with those in need.



PROJECT MAKAN



SAS' Project Makan campaign has been running for several years now. This campaign aims to provide the residents in our Home with their favourite hawker fare without having to step outside our home.

With the help of our donors, we have covered more than 6000 meals with delectable local delights such as Prawn Noodles and Nasi Briyani.

We would like to thank all our donors for contributing to Project Makan. We are ever grateful for your help in filling bellies and spreading smiles throughout the home!



Special Thanks to:

- ACES Care Limited
- Act of Kindness Ltd
- Agency for Integrated Care (AIC)
- Asian Medical Foundation
- Betty's Fabulous Volunteers Club
- Brighton Community Church
- Buddhist Life Mission
- Catholic Junior College's Interact Club
- Chong Hua Tong Tou Teck Hwee
- Community Foundation of Singapore
- Direct Funeral Services
- EmberAce from Anglo Chinese School (Independent)
- En-Naeem Mosque
- Good Shepherd Preschools
- Hong Lai Sze Temple
- Irene & Albert
- Jane Tan & Friends
- Keppel Club
- Kung Mern Sern Tau Yen
- Lions Club Singapore Cherish
- Nan Hua Primary School Alumni Association
- National Council of Social Services (NCSS)
- Paya Lebar Chinese Methodist Church
- Paya Lebar Methodist Girls' Secondary School (PLMGSS)
- Paya Lebar Zone 7 RC & SAC
- PCF Sparkletots @ Sengkang
- River Valley High School
- Rotary Club of Singapore (RCS)
- Rotary Club of Singapore West (RCSW)
- Saw Hoon's Nagomi Art Class
- SG Cares VC at Hougang
- Singapore Island Country Club
- Singapore Pools
- SPH Foundation Limited
- St Anne's Church
- St John's Brigade
- Tan Chin Tuan Foundation
- The Esplanade Co Ltd
- The Teng Company
- TTSH Project Care
- The Young Hearts by EZ4U
- Tote Board
- Tzu-Chi Foundation
- Woh Hup Pte Ltd
- Youth Corps Singapore
- 心仪合唱团 Care & Share

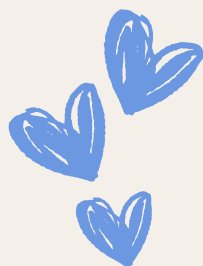


Art by Resident of SAS, Mr Ong A. L.

Thank you to all our donors and volunteers for the generous support



We couldn't have done it without your generous support




Thank you


to all our supporters.
Your contributions
mean the world to us.

  @SASnursinghome

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'The volunteers who come to perform are very very very VERY good! I want them to come more often because they bring JOY to me.'

Mdm Janet, Resident of SAS