

SAS NEWS

OB-SAS WITH US



SAS CELEBRATES WORLD HAND HYGIENE DAY



Hand hygiene- whether it's washing hands or just rubbing it down with sanitiser - it's a simple action that we often take for granted. Good hand hygiene is the first line of defense against viruses, making it even more important in a healthcare setting.



To emphasise just how crucial this simple act is, we had a get together with staff and residents. The core message of our celebration: "Clean Hands Saves Lives".



There were game booths and art challenges - using different creative ways to make sure everyone is well-versed in the steps of handwashing and using sanitisers. Our staff across the wards also choreographed dances to help make remembering the steps easier. We also had finger foods during the celebration, of course after practicing some good hand hygiene.

Have you practiced good hand hygiene today? You can find posters that show the steps at all washing hand stations at SAS.

Remember, **Clean Hands Saves Lives!**



MOTHER'S/WOMEN'S DAY

For Mother's Day this year, we decided to include Women's Day and celebrate all our female residents. With the help of our volunteers and staff, we spent a few weeks making beautiful carnations for our residents that included little messages of well wishes to them.

As we went around giving out the flowers, we were truly touched by how thankful our residents were. Who knew such a small gesture could bring such joy and brighten up their day. It really goes to show how even such small gestures could make a big difference in their day.

If you came by our office in the week leading up to Mother's Day, you would also have seen special crochet flowers on sale. All proceeds went towards donations for our residents in need. A big thank you to our finance staff, Joycelyn, for spending hours pouring her heart into crocheting such beautiful flowers for a good cause!





OUTING TO GARDENS BY THE BAY

We were very fortunate to have our very first outing for our residents on modified diets! 20 of our residents paid a visit to Gardens by the Bay and were able to catch the time-limited Tulipmania display.

Though the day was sweltering hot, our residents were able to tour the cool environments in the Cloud Forest and Flower Dome with the help of our volunteers.

Our residents really enjoyed having a day out, seeing the brightly coloured flowers and the waterfall features. Hopefully, with the help of more volunteers and sponsors, we will be able to bring them to experience more outdoor ventures!



Thank you to Lions Club Singapore Cherish for sponsoring and helping to bring our residents around the gardens!

HARI RAYA CELEBRATION



This year, we are very fortunate to have our neighbouring En-Naeem Mosque's support. They have been organising religious sessions, contributing to our Project Makan, and even recently threw our residents and staff a mini Hari Raya celebration.

The celebration was full of Hari Raya goodies which our residents absolutely indulged in. The En-Naeem volunteers even put on performances and played festive games to engage our residents





SINGAPORE CHINESE ORCHESTRA

In April, we were also beyond fortunate to have the Singapore Chinese Orchestra (SCO) perform for our residents! As part of their SCO Caring Series initiative, they have been visiting healthcare facilities to spread joy through their music.

The ensemble, together with their conductor, Mr Moses Gay, played many tunes from yesteryear. Some of our residents were so delighted to hear their favourite songs that they were eager to grab the microphone to sing along. They had prepared such a great line up of music that were all near and dear to our residents' hearts.



FILMING FOR TENG GIVES BACK



Another music group that has brought much joy to SAS residents is the Teng Ensemble. They have performed for our residents several times in the past 2 years.

For their 10th Anniversary, they filmed a video featuring one of their biggest fans at SAS, Christina! They conducted a rather candid interview to learn more of her backstory and her love for music that started young.

You can catch this special video on our social media pages. Make sure you give Christina a shoutout in the comment section!

CATHOLIC FELLOWSHIP



On 20 April, our MSS team facilitated with our inaugural Catholic fellowship for residents of the Catholic faith.

A big thank you to Reverend Father Simon and the talented music worship team from St Anne's Church for coming down every month to conduct fellowship and communion for our Catholic faith residents. The immense inner peace they feel during the session and connection with others means so much to them.

The Catholic monthly fellowship at SAS is the latest in addition to the monthly fellowship for Christians and Muslims residents.

DRAGON BOAT FESTIVAL

Due to the increase in COVID-19 cases, our Home experienced heightened restrictions during the Dragon Boat Festival period. Despite not being able to come down to celebrate with our residents, we were very grateful to have several donations of rice dumplings for our residents.

Our residents were delighted to have the fragrantly wrapped dumplings of various flavours to celebrate the festive period. On top of the dumplings donation, Singapore Pools also contributed ART test kits to support us.

The art piece on the right was done by our resident artist, Mdm Yuen.



PHOTO BANK OF OUR JAN- MAR HIGHLIGHTS



Student Volunteers from PLMGSS



Richard and his group singing for our residents



An icecream break for all - donations from Blue Jacket Foundation and Kampong Educators



Monthly volunteers from Woh Hup Group



Coffeshop Outing with volunteers from Liberty Insurance

UPCOMING EVENTS



NURSES DAY

26 July 2024

Let us come together to celebrate and show our gratitude to the nursing staff who have been our pillars of support.



FAMILY DAY

3 August 2024

We are inviting the families and friends of our residents to join us on Family Day. Our residents will be showcasing their many talents so be sure to pencil in the date and join us!



NATIONAL DAY

9 August 2024

This upcoming National Day will be jam packed with celebrations! Our long-time supporters from Paya Lebar Zone 7 RC and Aces Care will be throwing mass celebrations for our residents. Stay tuned!